

Word List Describing Various Emotional States

Upset	Disgusted	Heartbroken	Forlorn
Annoyed	Demoralized	Down	Pensive
Sad	Angry	Sorry	Thoughtful
Unhappy	Bitter	Sorrowful	Disconsolate
Disappointed	Blue	Glum	Distressed
Despondent	Depressed	Dejected	Pessimistic
Mournful	Despairing	Depression	Irritated

Note: Here the word "*Depression*" would be used to denote the mental illness of Depression while the word "*depressed*" would be used to denote a negative emotional state which may better fit in the category of mental health problem.